

# Do you need help with food?

## You may be eligible for Food Stamps!

To find out if you may be eligible call  
The Center for Civil Justice for a free Food Stamp screening at:

**1-800-481-4989**

M-F 9 AM-5 PM

Se Habla Español

### You may be eligible for Food Stamps even if:

- you are working
- you were denied help in the past
- you get WIC or other benefits
- you own a car
- you have high rent, utility, child care or child support bills
- you don't live with any children
- you are 60 or older or disabled and have high medical bills
- you are not a U.S. citizen but are here legally



**The food stamp program rules have changed over the past few years.** Don't assume you are not eligible! The Food Stamp Helpline can't issue Food Stamps, but they can tell you how many dollars in food stamps you may qualify for based on your household situation. Don't miss out on this valuable source for food!

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